



2026 Timetable

BEGINNERS 2-4 YEARS

SJ CHERUBS 2-3 YEARS (BORN 2023 / 2024)

SJ ANGELS 3-4 YEARS (BORN 2022 / 2021)

SJ STARS 3-4 YEARS (BORN 2022 / 2021)

MONDAY

9:00am - 9:30am

SJ Cherubs (Ballet, Jazz, Tap)

9:30am - 10:15am

SJ Angels (Ballet, Jazz, Tap)

10:15am - 10:45am

SJ Stars (Acro & Tumbling)

TUESDAY

9:00am - 9:30am

SJ Cherubs (Ballet, Jazz, Tap)

9:30am - 10:15am

SJ Angels (Ballet, Jazz Tap)

WEDNESDAY

9:30am - 10:15am

SJ Angels (Ballet, Jazz, Tap)

THURSDAY

3:45pm - 4:30pm

SJ Stars & Angels
Combined Jazz and Acro

SATURDAY

8:30am - 9:00am

Funky Monkey Hip Hop

9:00am - 9:30am

SJ Cherubs (Ballet, Jazz, Tap)

9:30am - 10:15am

SJ Angels
(Ballet, Jazz, Tap)





2026 Timetable

PRIMARYS

5-6 YEARS

TUESDAY

3:30pm - 4:00pm
Primary / G1 Ballet 6-7 years

4:00pm - 4:45pm
Under 6's Elite Team **

4:45pm - 5:30pm
Jazz Conditioning and
Technique U6 / U8

WEDNESDAY

3:45pm - 4:30pm
Primary/ Junior Vocals

3:45pm - 4:30pm
Primary Hip Hop

5:15pm - 6:00pm
Level 2 Acrobatics

THURSDAY

3:30pm - 4:00pm
Under 6's Elite Tap /
Primary CSTD Tap

4:00pm - 4:30pm
Junior Modern CSTD
Jazz (6-7 years)

4:30pm - 5:00pm
Primary / G1 RAD Ballet 6-7
Years

5:00pm - 5:30pm
Primary & Junior
Contemporary/Lyrical

5:30pm - 6:00pm
Primary & Junior Musical
Theatre/ Acting

SATURDAY

8:30am - 9:00am
Primary Jazz (5-6 Years)

9:00am - 9:30am
Primary RAD Ballet (5-6 years)

9:30am - 10:00am
Primary Acrobatics

10:00am - 10:30am
Primary Tap





2026 Timetable

JUNIORS

7-9 YEARS

MONDAY

3:45pm - 4:45pm
Grade 2 CSTD Jazz

4:45pm - 5:45pm
Grade 2 RAD Ballet

3:45pm - 4:45pm
Grade 3 RAD Ballet

4:45pm - 5:45pm
Grade 3 CSTD Jazz

5:45pm - 6:30pm
Junior Technique
Development and Conditioning

5:45pm - 6:45pm
Acrobatics Level 1/2

TUESDAY

3:00pm - 3:45pm
Junior/ Inter Ballet Extension
****Invite only**

3:45pm - 4:45pm
Grade 2 RAD Ballet

4:45pm - 5:30pm
Jazz Conditioning &
Technique (Primary / Junior)

4:45pm - 5:45pm
Grade 3 RAD Ballet

5:45pm - 6:45pm
Under 8's Elite Team**

WEDNESDAY

3:45pm - 4:30pm
Primary & Junior
Vocals

4:30pm - 5:15pm
Primary/Junior Hip Hop

5:15pm - 6:00pm
Junior Commercial Jazz

5:15pm - 6:00pm
Level 2 Acrobatics

6:00pm - 6:45pm
Junior
Contemporary/Lyrical

THURSDAY

4:00pm - 4:30pm
Junior Modern CSTD
Jazz (6-7 years)

5:30pm - 6:00pm
Primary & Junior
Musical Theatre/ Acting

6:00pm - 7:00pm
Grade 3/4/5 CSTD Tap

7:00pm - 7:45pm
Junior/Intermediate
Ballroom & Latin Fusion



2026 Timetable

INTERMEDIATES

10-12 YEARS

MONDAY

3:45pm - 4:45pm
Grade 4 CSTD Jazz

4:45pm - 5:45pm
Level 3 Acrobatics

5:45pm - 6:45pm
Grade 4 RAD Ballet

5:45pm - 6:45pm
Acrobatics Level 1/2

5:45pm - 6:30pm
Technique Development
and Conditioning 8's/10's

6:45pm - 7:45pm
Intermediate
Contemporary/Lyrical

TUESDAY

3:00pm - 3:45pm
Junior/ Inter Ballet
Extension **** Invite only**

3:45pm - 4:45pm
Under 10's Elite Team ******

4:45pm - 5:45pm
Level 3/4 Acrobatics

5:45pm - 6:45pm
Grade 4 Ballet RAD

6:45pm - 7:45pm
Intermediate Hip Hop

7:45pm - 8:15pm
Under 12's Hip Hop
Crew

WEDNESDAY

3:45pm - 4:30pm
Elite Pro - ****Invite Only**

4:30pm - 5:15pm
Jazz Tech and
Conditioning (U12's)

5:15pm - 6:00pm
Under 12's Elite Team Jazz

6:00pm - 6:45pm
Under 12's Elite Team
Contemporary/ Lyrical ******

6:45pm - 7:45pm
Intermediate
Commercial Jazz

THURSDAY

4:30pm - 5:00pm
Intermediate Vocals

5:00pm - 5:30pm
Intermediate
Musical Theatre

6:00pm - 7:00pm
Grade 3/4/5 CSTD
Tap

7:00pm - 7:45pm
Intermediate Ballroom
and Latin Fusion



2026 Timetable

SENIORS

13+ YEARS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:45pm - 5:45pm Level 3 Acrobatics	4:45pm - 5:45pm Level 3/ 4 Acrobatics	3:45pm - 4:30pm Under 15's Hip Hop Crew	4:00pm - 4:30pm Intermediate Foundation RAD Pointe
6:45pm - 7:45pm Intermediate Foundation RAD Ballet	5:45pm - 6:45pm Senior Hip Hop	4:30pm - 5:15pm Under 15's Contemporary/ Lyrical Elite Team	4:30pm - 5:30pm Snr Ballroom & Latin Fusion
7:45pm - 8:45pm Senior Contemporary/ Lyrical	6:45pm - 7:45pm Grade 6 CSTD Jazz	6:00pm - 6:45pm U15's /Open Jazz Tech & Conditioning	5:30pm - 6:30pm Intermediate RAD Ballet
6:30pm - 7:30pm Grade 7 CSTD Jazz	7:45pm - 8:30pm Grade 8 CSTD Jazz	6:45pm - 7:30pm Under 15's/ Opens Elite Team Jazz	6.30pm - 7:00pm Intermediate RAD POINTE
	8:45pm - 9:30pm Grade 9 CSTD Jazz	7:30pm - 8:30pm Senior Commercial Jazz	7:00pm - 7:45pm Senior Tap
	6:45pm - 7:45pm Intermediate RAD Ballet	7:45pm - 8:30pm ADULTS Jazz Class	7:45pm - 8:30pm Senior Showbiz
	7:45pm - 8:45pm Inter-Found RAD Ballet		5:30pm - 6:30pm Senior Commercial Heels