

# 2026 SJ BEGINNER DANCE PROGRAM HANDBOOK!

WHERE EVERY CHILD  
FINDS THEIR WINGS



**SJ Cherub**

Combined  
Ballet, Jazz, Tap

**SJ Angel**

Combined  
Ballet, Jazz, Tap

**SJ Hip Hop**

Kids Hip Hop

**SJ Acro Star**

Acro Dance

# BEGINNER DANCE PROGRAMS FOR PRESCHOOLERS

## GIVE YOUR CHILD THE MAGIC OF DANCE!

At SJ Dance, located in Warana on the Sunshine Coast, we are passionate about the Performing Arts and early childhood learning. Our qualified and nurturing teachers are dedicated to sharing their love for dance with every child who begins their journey with us.



## OUR STORY

SJ Dance has been shaping young dancers for over 10 years, providing quality training in a supportive and family-oriented environment. Established by Samantha Howcroft, SJ Dance has grown into one of the most respected dance studios on the Sunshine Coast, winning multiple awards for excellence in dance education. In 2024, we proudly won the Performing Arts Category at the Australian Women's Small Business Champion Awards, a testament to our dedication to nurturing young dancers and building a strong dance community.

## SJ Cherub

2-3 YRS



**Combined  
Ballet, Jazz, Tap**

## SJ Angel

3-4 YRS



**Combined  
Ballet, Jazz, Tap**

## SJ Hip Hop

2-4 YRS



**Kids Hip Hop**

## SJ Acro Star

2-4 YRS



**Acro Dance**

AT SJ DANCE STUDIO WE BELIEVE YOUR CHILD CAN EXPERIENCE A POSITIVE AND MAGICAL START TO THE LOVE OF DANCING. CREATIVE MOVEMENTS AND DANCE ARE A WONDERFUL WAY FOR YOUNG CHILDREN TO DEVELOP THE PHYSICAL SKILLS, CHANNEL THEIR ENERGY, USE IMAGINATION AND PROMOTE THEIR CREATIVITY AND RESPECT.

WE TRUST THAT YOUR CHILD WILL BE HAVING A MAGICAL DANCE EXPERIENCE WITH OUR INTRO TO DANCE CLASSES AS THEY ARE DEVELOPING CORE STRENGTH RHYTHM, COUNTING, BALANCE AND SPECIAL AWARENESS.

### **SJ CHERUBS (2-3 YRS)**

OUR SJ CHERUBS PROGRAM INTRODUCES LITTLE DANCERS TO THE FOUNDATIONS OF BALLET, JAZZ AND TAP THROUGH PLAYFUL MOVEMENT, MUSIC AND IMAGINATION, BUILDING CONFIDENCE AND COORDINATION IN A NURTURING ENVIRONMENT.

### **SJ ANGELS (3-4 YRS)**

OUR SJ ANGELS PROGRAM OFFERS A BEAUTIFUL INTRODUCTION TO BALLET, JAZZ AND TAP, ENCOURAGING CREATIVITY, RHYTHM AND EARLY DANCE TECHNIQUE WHILE BUILDING CONFIDENCE AND A LOVE FOR DANCE.

### **FUNKY MONKEY HIP HOP (AGES 2-4)**

A FUN, HIGH-ENERGY CLASS WHERE KIDS LEARN AGE-APPROPRIATE HIP HOP MOVES, EXPRESS THEMSELVES, AND BUILD CONFIDENCE. AT THE END OF EACH CLASS, WE TURN ON OUR FAIRY LIGHTS FOR A FREESTYLE DANCE PARTY!

### **SJ ACRO STARS (3-4 YRS)**

SJ STARS IS OUR ENERGETIC ACROBATICS AND TUMBLING PROGRAM DESIGNED TO HELP YOUNG MOVERS DEVELOP STRENGTH, BALANCE AND GROSS-MOTOR SKILLS IN A FUN, SAFE AND SUPPORTIVE SPACE.

# WHAT WE OFFER



The SJ BEGINNER programs is a program introducing preschoolers (ages 2-4) to the joy of dance through engaging and imaginative classes.

We provide a nurturing space where little dancers can develop rhythm, balance, coordination, and confidence while having fun!

## **SJ DANCE OFFERS FOUR PROGRAMS:**

**SJ CHERUBS (Ballet, Tap & Jazz) 2-4 years**

**SJ ANGELS (Ballet, Tap & Jazz) 3-4 years**

**SJ STARS (Acrobatics and Tumbling) 2-4 years**

**SJ Funky Monkey Hip Hop 2-4 years**

### **SJ CHERUBS & SJ ANGELS**

A combination class of Ballet, Tap, and Jazz that allows children to explore different dance styles in one session. This class fosters musicality, balance, and basic technique

### **FUNKY MONKEY HIP HOP**

A fun, high-energy class where kids learn age-appropriate Hip Hop moves, express themselves, and build confidence. At the end of each class, we turn on our fairy lights for a freestyle dance party!

### **SJ STARS ACROBATICS**

Perfect for little ones who love to tumble! This class focuses on fundamental acrobatics, helping children develop strength, flexibility, and coordination in a safe and encouraging setting.

# SJ DANCE ENROLMENT PROCESS

Enrolling at SJ Dance is as  
easy as 1, 2, 3, 4!

1

Complete the  
Enrolment Form

2

Fill out the Class  
Registration Form



3

Pay the \$45  
Registration Fee



4

Return the forms  
to SJ Dance!



A confirmation email  
will be sent to you!



Questions? Email us anytime!  
[sdancesstudio@gmail.com](mailto:sdancesstudio@gmail.com)

Let's make 2026 an  
amazing year of dance!

# SJ DANCE BEGINNER CLASSES



30 Minute Classes

**\$17.50** per week



45 Minute Classes

**\$20.00** per week

## WHY CHOOSE SJ DANCE?

### 01.

#### SMALL CLASS SIZES

Ensuring personal attention and support for every child.

### 02.

#### SAFE & STATE-OF-THE-ART FACILITIES

- 3 Professional studios with sprung flooring and a warm environment.
- Parent Viewing Area to watch your child during their dance class.
- Kitchen
- Bathroom
- Student Only Area

### 03.

#### QUALIFIED & NURTURING TEACHERS

Passionate about early childhood development

### 04.

#### AWARD-WINNING STUDIO

Recognized for excellence in dance education

# Meet Skye & Jett!

AT SJ DANCE, OUR BEGINNER DANCERS ARE WELCOMED BY TWO VERY SPECIAL FRIENDS... SKYE & JETT!



**SKYE** IS OUR BRIGHT AND BUBBLY DANCE MASCOT WHO LOVES BALLET, JAZZ AND TAP. WITH HER SPARKLY ANGEL WINGS AND BIG IMAGINATION, SHE HELPS OUR LITTLE DANCERS FEEL CONFIDENT, BRAVE AND EXCITED TO TRY NEW THINGS. SKYE REMINDS ALL OUR CHERUBS AND ANGELS THAT EVERY DANCER STARTS SMALL — AND EVERY STEP IS SOMETHING TO CELEBRATE!

**JETT** IS FULL OF ENERGY AND FUN! HE LOVES HIP HOP AND ACRO, AND HE'S ALWAYS READY TO CHEER ON OUR BEGINNER DANCERS AS THEY LEARN NEW MOVES. JETT ENCOURAGES LITTLE ONES TO GIVE THINGS A GO, HAVE FUN IN CLASS, AND BELIEVE IN THEMSELVES.

TOGETHER, SKYE & JETT HELP CREATE A WARM, WELCOMING, AND MAGICAL EXPERIENCE FOR ALL OF OUR BEGINNER PROGRAMS.

YOU'LL SEE THEM THROUGHOUT YOUR HANDBOOK, CHEERING YOU ON AS YOU BEGIN YOUR DANCE JOURNEY AT SJ DANCE!

# SEE OUR STUDIO

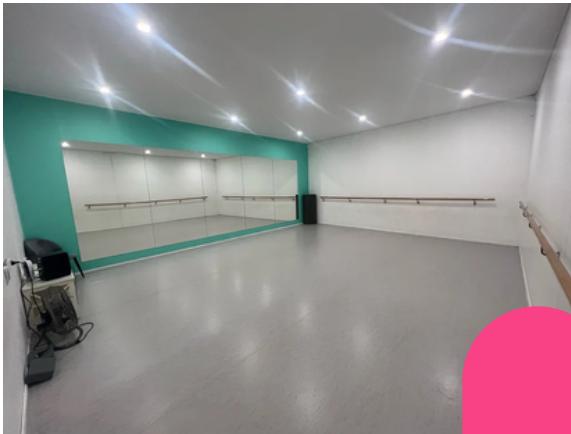
AUSTRALIAN WOMEN'S  
SMALL BUSINESS  
**CHAMPION**  
AWARDS 2024  
**WINNER**



**STUDIO 1**  
10M X 12 M



**STUDIO 2**  
9M X 10M



**STUDIO 3**  
7M X 8M



**RECEPTION / PARENT  
VIEWING AREA**





# 2026 Timetable

## SJ BEGINNERS 2-4 YEARS

## SJ CHERUBS 2-3 YEARS

## SJ ANGELS 3-4 YEARS

## SJ STARS 3-4 YEARS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
<b>9:00am - 9:30am</b> SJ Cherubs (Ballet, Jazz, Tap)	<b>9:00am - 9:30am</b> SJ Cherubs (Ballet, Jazz, Tap)	<b>9:00 - 9:30am</b> SJ Cherubs (Ballet, Jazz, Tap)	<b>8:30am - 9:00am</b> SJ Cherubs (Acrobatics)	<b>9:00am - 9:30am</b> Funky Monkey Hip Hop
<b>9:30 - 10:15am</b> SJ Angels (Ballet, Jazz, Tap)	<b>9:30 - 10:15am</b> SJ Angels (Ballet, Jazz, Tap)	<b>9:30 - 10:15am</b> SJ Angels (Ballet, Jazz, Tap)	<b>9:00am - 9:30am</b> SJ Cherubs (Ballet, Jazz, Tap)	<b>9:00am - 9:30am</b> SJ Cherubs (Ballet, Jazz, Tap)
<b>10:15 - 10:45am</b> SJ Stars (Acro & Tumbling)	<b>10:15 - 10:45am</b> SJ Stars (Acro & Tumbling)	<b>10:15 - 10:45am</b> SJ Stars (Acro & Tumbling)	<b>9:30 - 10:15am</b> SJ Stars (Acro & Tumbling)	<b>9:30 - 10:15am</b> (Ballet, Jazz, Tap)
<b>3:45 - 4:30</b> SJ Stars & Angels Combined Jazz and Acro				



# A Magical Introduction to Dance for Preschoolers

WE CAN'T WAIT TO WELCOME YOU!



4/32 PREMIER CIRCUIT, WARANA QLD

1. VISIT OUR WEBSITE: [WWW.SJDANCESTUDIO.COM](http://WWW.SJDANCESTUDIO.COM)
2. CALL US AT: 0431 203 410
3. EMAIL US AT: [SJDANCESTUDIO@GMAIL.COM](mailto:SJDANCESTUDIO@GMAIL.COM)
4. BOOK A FREE TRIAL CLASS TODAY!



WE CAN'T WAIT TO WELCOME YOUR LITTLE ONE TO THE SJ ANGELS FAMILY

# CAN'T WAIT TO SEE YOU SOON!



**SJ Cherub**

**SJ Angel**

**SJ Hip Hop**

**SJ Acro Star**



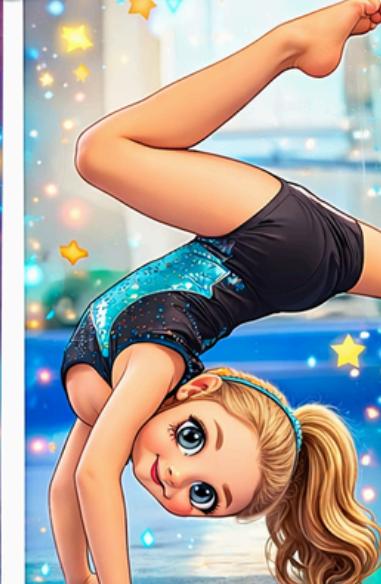
Combined  
Ballet, Jazz,  
Tap



Combined  
Ballet, Jazz,  
Tap



Kids  
Hip Hop



Acro  
Dance