SJ DANCE STUDIO - FINAL TERM 4 2026 *Subject to change

MONDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:00-9:30am	SJ Cherubs (Ballet, Jazz, Tap) 2-3years				
9:30-10:15am	SJ Angels (Ballet, Jazz, Tap) 3-4 years				
10:15-10:45am	SJ Stars (Tumbling & Acro) 3-4 years	3:00-3:45pm		3:00-3:45pm	
3:45-4:45pm	Grade 4 CSTD Jazz 10 YEARS (Concert Class)	3:45-4:45pm	Grade 2 & 3 CSTD Jazz combined (Concert Class)	3:45-4:45pm	
4:45-5:45pm	Acrobatics - Level 3	4:45-5:45pm	Grade 2 & 3 RAD Ballet (Concert Class)	4:45- 5:45pm	
5:45-6:30pm	Acrobatics - Level 2 / 3 *Skills class	5:45-6:30pm	Technique Development & Conditioning U8's & U10's	5:45-6:45pm	Grade 4 Ballet (RAD) 10 YEARS
6:45-7:45pm	Intermediate Contemporary / Lyrical 10-12 YEARS			6:45-7:45pm	Intermediate Foundation Ballet (RAD)
7:45-8:45pm	Senior Contemporary / Lyrical 13 YEARS +				

TUESDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:30 - 10:15am	SJ Angels (Ballet, Jazz, Tap) 3-4 years				
		3:30-4:00pm	Primary RAD Ballet 5-6 YEARS	3:00-3:45pm	JUNIOR / INTER BALLET EXTENTION **
3:45-4:45pm	Under 10's Elite Team ** Opening	4:00-4.45pm	Under 6's Elite Team **	3:45-4:45pm	Grade 2 Ballet (RAD) 8 YEARS
4:45-5:45pm	Acrobatics - Level 3 / 4	4:45-5:30pm	Jazz Technique and Conditioning (U6 & U8)	4:45-5:45pm	Grade 3 Ballet (RAD) 9 YEARS
5:45-6:45pm	Senior Hip Hop 13 YEARS+	5:45-6:30pm	Under 8's Elite Team **	5:45-6:45pm	Grade 4 Ballet (RAD) 10 YEARS
6:45-7:45pm		6:45-7:45pm	Intermediate HIP HOP 10-12 YEARS	6:45-7:45pm	Intermediate & Inter Found Combined Ballet (Concert Class)
7:45-8:30pm	Grade 6, 7, 8, 9 combined CSTD Jazz				

WEDNESDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:30-10:15am	SJ Angels SJ Angels (Ballet, Jazz, Tap) 3-4 years				
1:30-3:30pm	CREATIVE INDUSTRIES (EXTENSION PROGRAM) 13YRS +			3:00-3:45pm	
3:45-4:30pm	Elite Pro (U 10 & U12) **	3:45-4:30pm	Primary Hip Hop	3:45-4:15pm	
4:30-5:15pm	U12 & U15's Technique and Conditioning	4:30- 5:15pm	Junior Hip Hop Combined	4:30-5:15pm	
5:15-6:15pm	Under 12's Elite Team ** Opening	5:15-6:00pm	Junior Commercial Jazz 7-9 Years	5:15-6:00pm	Level 2 Acrobatics
6:15-7:15pm	Under 15's /OPENS Elite Team ** Opening	6:00-6:45pm	Junior Contemporary/Lyrcial 7-9 YEARS		
7:15-8:15pm	Senior Commercial Jazz (13 years+)	6:45-7:45pm	Intermediate Commercial Jazz 10-12 YEARS		

THURSDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
3:30-4:00pm	Primary CSTD Tap 5-6 YEARS				
4:00-4:30pm	Junior Modern Jazz CSTD 6 YEARS	3:45-4:30pm	SJ STARS AND ANGELS (Jazz and Acrobatics Combined) 2-4 years	4:00-4:30pm	
4:30-5:30pm	Senior Ballroom & Latin Fusion	4:30-5:00pm	Primary Ballet (RAD) 6 YEARS (Concert)	4:30-5:00pm	Intermediate Vocals
5:30-6:15pm	Junior/ Intermediate Ballroom & Latin Fusion	5:00-5:30pm	Primary Contemporary/ Lyrical	5:00-5:30pm	Intermediate MUSICAL THEATRE / ACTING
6:15-7:00pm	Grade 3/4/5 CSTD Tap	5:30-6:15pm	Primary & Junior MUSICAL THEATRE / ACTING / VOCALS	5:30-6:30pm	Intermediate RAD Ballet 14+ YEARS
7:00-7:45pm	Senior Tap (Grade 6-8 CSTD TAP)			6:30-7:00pm	Intermediate & Inter Found RAD Ballet Pointe Training
7:45-8:30pm	Senior Showbiz				

FRIDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3

SATURDAY

TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
8:30-9:00am	Pre - Primary Jazz 5-6 YEARS	8:30 - 9:00am	SJ Funky Monky Hip Hop (2-4years)		
9:00-9:30am	Pre - Primary Ballet 5-6 YEARS	9:00-9:30am	SJ Cherubs (Ballet, Jazz, Tap) 2-3years		
9:30-10:00am	Primary Acrobatics 5-6 Years **Skills Class	9:30-10:15am	SJ Angels (Ballet, Jazz, Tap) 3-4 years		
10:00-10:30am	Primary Tap 5-6 YEARS				

AGE LEVELS

- Beginners (2-4 years)
- Primary (5-6 years)
- Juniors (7-9 years)
- Intermediate (10-12 years)
- Seniors (13 years+)
- ELITE TEAM & PROGRAM **
- Adult / Open