

SJ DANCE STUDIO - TERM 1 2023 *Subject to change 29.11.22

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MONDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:00-9:45am	Introduction to Dance - Ballet/Tap/Jazz (2.5 - 4 years)				
3:30-4:15pm	Grade 4 CSTD Jazz (10/11 years) *Exam Class	3:30-4:15pm	Grade 1 RAD Ballet (6-7 years) *Exam Class	3:30-4:00pm	Primary RAD Ballet (5-6years)
4:15-5:00pm	Grade 1 CSTD Jazz (7 years) *Exam Class	4:15-5:00pm	Grade 3 RAD Ballet (9/10 years) *Exam Class	4:00-4:30pm	Primary Jazz (5-6years)
5:00-5:45pm	Junior Acrobatics (7-10 Years) Class 1 (10yrs can do this)	5:00-5:45pm	Grade 3 CSTD Jazz (9/10 years) *Exam Class	4:30-5:00pm	Primary Acrobatics (5-6years)
5:45-6:30pm	Grade 6 CSTD Jazz (13 years +) *Exam Class	5:45-6:30pm	Intermediate RAD Ballet / Pointe (14yrs+) *Exam Class	5:00-5:45pm	Grade 4 RAD Ballet (10/11 years) *Exam Class
6:30-7:15pm	Grade 7 CSTD Jazz (14 years +) *Exam Class	6:30-7:15pm	10 yrs and UNDER Elite Team** Performance Team	5:45-6:30pm	Grade 2 RAD Ballet (7-8 years) *Exam Class
7:15-8:15pm	Senior Commercial Jazz (13 years +)	7:15-8:15pm	Available Private Lesson Time	5:45-6:30pm	Junior / Intermediate Vocal Lessons (UPSTAIRS)
8:15-9:00pm	Senior Contemporary (13 years +)			6:30-7:15pm	Intermediate Foundation RAD Ballet / Pointe (13yrs+) *Exam Class
TUESDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:00-9:45am	Introduction to Dance - Ballet/Tap/Jazz (2.5 - 4 years)				
3:30-4:15pm	Junior Acrobatics (7-10 Years) Class 2 (10yrs can do this)	3:30-4:15pm	6 yrs and UNDER Elite Team (Jazz / Lyrical) ** Performance Team	3:30-4:15pm	Grade 4 RAD Ballet (10/11 years) *Exam Class
4:15-5:00pm	Intermediate Acrobatics (10-12 years) (**2 teachers*) Class 1	4:15-5:00pm	Intermediate Contemporary / Lyrical (10-12 years) Class 1	4:15-5:00pm	Intermediate RAD Ballet / Pointe (14yrs) *Exam Class
5:00-5:45pm	Intermediate Acrobatics (10-12 years) (**2 teachers*) Class 2	5:00-5:45pm	8 yrs and UNDER Elite Team (Jazz / Lyrical) ** Performance Team	5:00-5:45pm	Grade 3 RAD Ballet (9/10 years) *Exam Class
5:45-6:30pm	Senior Acrobatics (13 years +) (**2 teachers**)	5:45-6:30pm	Intermediate Hip Hop (10-12 years)	5:45-6:30pm	Grade 2 Ballet (7-8 years) *Exam Class
6:45-7:30pm	Grade 5 CSTD Jazz (12 years +) *Exam Class TBC	6:30-7:15pm	12 yrs and UNDER Elite Hip Hop crew ** Performance Team	6:45-7:30pm	Intermediate Foundation RAD Ballet / Pointe (13yrs) *Exam Class
7:30-8:30pm	Senior Hip Hop (13 years +)			7:15-8:00pm	
8:30-9:15pm	Senior Elite Hip Hop Crew (13 years +) ** Performance Team			8:00-9:00pm	
WEDNESDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
9:00am-3:00pm	CREATIVE INDUSTRIES (Cert II and Cert III in Dance)				
9:00-9:45am	Introduction to Dance - Ballet/Tap/Jazz (2.5 - 4 years)				
3:30-4:30pm	Classical Ballet Program (Seniors only class)	3:30-4:30pm	Ballet Program - PBT Class (Intermediate only Class)	3:30-4:15pm	Grade 1 RAD Ballet (6-7 years) *Exam Class
4:30-5:30pm	Classical Ballet Program (Combined INT / SMR class)	4:30-5:00pm	Primary / Junior Tap (5-9 years) Option 1	4:15-4:45pm	Primary & Junior Musical Theatre & Vocal (5-9 years)
5:30-6:00pm	10 yrs and UNDER Elite Ballet Team**	5:00-5:45pm	Available Private Lesson Time	4:45-5:30pm	Primary & Junior Contemporary / Lyrical (5-9 years)
6:15-7:00pm	Advanced IDT (International Dance Technique) (13 years +)	5:30-6:15pm	Grade 6/7 Combined CSTD Tap (13 years +) *Exam Class	5:30-6:15pm	Primary & Junior Hip Hop (5-9 Years)
7:00-7:45pm	Senior INDUSTRY 'ShowBiz' (Cabaret / Broadway) (13 years +)	6:15-7:00pm	Grade 2/3 CSTD Tap (9/10 years) *Exam Class	6:15-6:45pm	Primary / Junior Tap (5-9 years) Option 2
7:45-8:45pm	Senior Lyrical (13 years +)	7:00-7:45pm	Grade 4/5 CSTD Tap (11/12 years) *Exam Class	6:45-7:30pm	Available Private Lesson Time
		7:30-8:15pm	Available Private Lesson Time		
THURSDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
3:30-4:15pm	Intermediate & Senior Open Ballet * Non Exam (13 years +)	3:30-4:15pm	Intermediate IDT (International Dance Technique) (10-12yrs)	3:30-4:00pm	Beginner Jazz (2.5 - 4 Years)
4:15-5:00pm	12 yrs and UNDER Elite Team Jazz**	4:15-5:00pm	Intermediate Acrobatics recreational class (10-12 years)	4:00-4:30pm	Beginner Acrobatics (2.5 - 4 Years)
5:00-5:45pm	12 yrs & 15 yrs and UNDER Musical Theatre / Cabaret ** Performance Team	5:00-5:45pm	Intermediate Jazz recreational (10-12 years)	4:30-5:00pm	Open Pointe Class (13 years +)
5:45-6:30pm	15 yrs and UNDER Elite Team Jazz / Contemporary **	5:45-6:30pm	Intermediate Lyrical / Contemporary class (10-12 years) Class 2	5:15-6:00pm	Available Private Lesson Time
6:30-7:30pm	15 yrs and UNDER & Opens Combined Elite Team Jazz & Lyrical **	6:30-7:15pm	Available Private Lesson Time	6:00-6:45pm	Available Private Lesson Time
7:30-8:30pm	Open Elite Team Contemporary **	7:15-8:00pm	Available Private Lesson Time	6:45-7:30pm	Available Private Lesson Time
FRIDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3
3:30-4:30pm	STUDIO BOOKED EXTERNALLY	3:30-4:30pm	STUDIO BOOKED EXTERNALLY	3:30-4:30pm	STUDIO BOOKED EXTERNALLY
4:30-5:30pm	STUDIO BOOKED EXTERNALLY	4:30-5:30pm	STUDIO BOOKED EXTERNALLY	4:30-5:30pm	STUDIO BOOKED EXTERNALLY
SATURDAY					
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3 - Private Studio
8:00 - 9:00am	Elite EXTENSION Program (invite or Audition only) - 9-12years *Audition/Invite Only	8:30 - 9:00am	Funky Monkey Hip Hop (2.5-4yrs)		
9:00 - 10:00am	Elite EXTENSION Program (invite or Audition only) - 9-12 years *Audition/Invite Only	9:00 - 9:45am	Introduction to Dance (2.5-4yrs) *Ballet / Tap & Jazz	9:00-9:45am	CSTD Junior Jazz (6 Years)
10:00 - 11:00am	Elite EXTENSION Program (invite or Audition only) - 9-12 years *Audition/Invite Only			9:45-10:45am	6 yrs and UNDER Elite Team Additional Training - TERM 1 ONLY TBC
11:30-1:00pm	10 yrs and UNDER Elite Team Additional Training - TERM 1 ONLY TBC			10:45-11:15am	6 yrs and UNDER & 8 yrs and UNDER IDT (International Dance Technique) (5-8 Years)
1:00-2:00pm	12 yrs and UNDER Elite Team Additional Training - TERM 1 ONLY TBC			11:15-12:15pm	8 yrs and UNDER Elite Team Additional Training - TERM 1 ONLY TBC
2:30-4:00pm	15 yrs and UNDER Elite Team Additional Training - TERM 1 ONLY TBC				
4:00-5:30pm	Opens Elite Team Additional Training - TERM 1 ONLY TBC				

AGE LEVELS	
Beginners (2-4 years)	
Primary (5-6 years)	
Juniors (7-9 years)	
Intermediate (10-12 years)	
Seniors (13 years+)	
ELITE TEAM **	
CREATIVE INDUSTRIES (Certificate Program)	
Classical Ballet Program Elite Extension Program	

EXAM SYLLABUS GRADES	
COMM DANCE JAZZ	RAD BALLET
JUNIOR JAZZ (6yrs)	GRADE 1 Ballet (6/7 years)
GRADE 1 Jazz (6-7 years)	GRADE 2 Ballet (7/8 years)
GRADE 3 JAZZ (9/10 years)	GRADE 3 BALLET (9/10 years)
GRADE 4 JAZZ (11/12 years)	GRADE 4 BALLET (10/11 years)
GRADE 5 JAZZ (12 years)	
GRADE 6 JAZZ (13 years)	INTERMEDIATE FOUND BALLET (13yrs)
GRADE 7 JAZZ (14 years)	INTERMEDIATE BALLET (14+years)
GRADE 2/3 CSTD TAP (9/10 years)	
GRADE 4/5 CSTD TAP (11/12 years)	
GRADE 6/7 CSTD TAP (13 years +)	