

SJ DANCE STUDIO - TERM 4 2025 *Subject to change

						AGE LEVELS
MONDAY						Beginners (2-4 years)
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3	Primary (5-6 years)
9:00-9:45am	Introduction to Dance (Ballet/Tap/Jazz) 2- 4 YEARS	3:00-3:45pm	PRIVATE TIME	3:00-3:45pm	PRIVATE TIME	Juniors (7-9 years)
3:45-4:30pm	Acrobatics - Level 2	3:45-4:30pm	Grade 4 Ballet (RAD) 10 YEARS * (Exam L INT FOUND)	3:45-4:30pm	Primary Acrobatics 5-6 YEARS	Intermediate (10-11 years)
4:30-5:15pm	Acrobatics - Level 3	4:30-5:15pm	Grade 2 Ballet (RAD) 8 YEARS * (Exam L G3)	4:30-5:15pm	Primary Jazz (CSTD Jazz) 5-6 YEARS *	Pre-Teen (12-13 years)
5:15-6:00pm		5:15-6:00pm	Intermediate Foundation Ballet RAD * 12 YEARS (Exam L INT)	5:15-6:00pm	Technique Development & Conditionong U8's & U10's **	Seniors (14 years+)
6:00-6:45pm	Grade 6 CSTD Jazz 12 YEARS *	6:00-7:00pm	Under 10's Elite Team **	6:00-6:45pm	Intermediate Ballet (RAD) 14 YEARS * (Exam)	ELITE TEAM **
6:45-7:30pm	Pre - Teen Commercial Jazz 12-13 YEARS			6:45-7:30pm	Intermediate Ballet Pointe (RAD) 14 YEARS * Pointe & Concert	RAD/CSTD EXAM CLASS *
7:30-8:15pm	Senior Commercial Jazz 14 + YEARS					CREATIVE INDUSTRIES (Certificate Program)
8:15-9:00pm	Senior Contemporary/Lyrical 14 + YEARS					
TUESDAY						
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3	
9:00-9:45am	Introduction to Dance (Ballet/Tap/Jazz) 2- 4 YEARS **NEW CLASS ADDED					
3:00-3:45pm	PRIVATE TIME	3:00-3:45pm	PRIVATE TIME	3:00-3:45pm	PRIVATE TIME	
3:45-4:30pm	Intermediate Contemporary/Lyrical 10-12 YEARS *	3:45-4:30pm	Grade 2 CSTD Jazz *	3:45-4:30pm	Intermediate Foundation Ballet (RAD) 12 YEARS* Concert	
4:30-5:15pm	Pre - Teen Contemporary/ Lyrical 12-13 YEARS *	4:30-5:15pm	Acrobatics - Level 2	4:30-5:15pm	Grade 2 Ballet (RAD) 8 YEARS * Concert	
5:15-6:00pm	Grade 3 CSTD Jazz 9-10 YEARS *	5:15-6:00pm	Junior Contemporary/Lyrical 7-9 YEARS	5:15-6:00pm	Grade 4 Ballet (RAD) 10 YEARS * Concert	
6:00-6:45pm	Pre - Teen & Senior Technique Development & Conditionong U12's & 15's **	6:00-6:45pm	Under 8's Elite Team **	6:00-6:45pm	Grade 3 Ballet (RAD) 9 YEARS * Concert	
6:45-7:30pm	Acrobatics - Level 4	6:45-7:30pm	Junior & Intermediate Commercial Jazz Class 7-11 YEARS			
WEDNESDAY						
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3	
9:00am-3:30pm	CREATIVE INDUSTRIES (PART TIME CERTIFICATE COURSE)	3:00-3:45pm	PRIVATE TIME	3:00-3:45pm	PRIVATE TIME	
3:45-4:30pm	Under 6's Elite Team **	3:45-4:30pm	Junior Hip Hop 7-9 YEARS	3:45-4:15pm	PRIVATE TIME	
4:30-5:15pm	Junior & Intermediate Musical Theatre 7-11 YEARS	4:30-5:15pm	Technique Development & Conditionong U6's & 8's **	4:15-5:00pm	Intermediate Foundation Ballet (Pointe) 12 YEARS * (Learning Pointe)	
5:15-6:00pm	Grade 4 & 5 CSTD Tap *	5:15-6:00pm	Grade 1 RAD Ballet 7 YEARS * (Exam and Concert)	5:15-6:00pm	Acrobatics - Level 2 & 3	
6:00-6:45pm	Pre - Teen & Senior Showbiz (Cabaret/Broadway) 12- 14 YEARS +	6:00-7:00pm	PRIVATE TIME	6:00-6:45pm	Vocal Class (7-11 YEARS)	
6:45-7:30pm	Pre - Teen & Senior Tap 12- 14 YEARS +	7:00-7:45pm	Intermediate Hip Hop 10-12 YEARS			
7:30-8:15pm	Grade 7 & 8 CSTD Jazz 13 YEARS * Combined					
THURSDAY						
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3	
3:00-3:45pm	PRIVATE TIME	3:00-3:45pm	PRIVATE TIME			
3:45-4:30pm	PRIVATE TIME	3:45-4:30pm	U12's Hip Hop Elite Crew **			
4:30-5:15pm	Under 12's Elite Team ** Concert Opening & Training	4:30-5:15pm	Primary Hip Hop 5-6 YEARS			
5:15-6:00pm	Under 12's, 15's and Opens - CONCERT OPENING COMBINED	5:15-6:00pm	Grade 3 Ballet (RAD) 9 YEARS * (Exam L G4)			
6:00-6:45pm	Under 15's and Opens Elite Team** Concert Opening and Training	6:00-6:45pm	U10'S Hip Hop Elite Crew **			
6:45-7:30pm	ELITE PRO 10 & U **	6:45-7:30pm	Senior & Pre - Teen Hip Hop 12-14 yrs +			
FRIDAY						
TIME	STUDIO 1	TIME	STUDIO 2	TIME	STUDIO 3	
		3:45-4:30pm	Beginner Jazz & Acro Combined 3-4 YEARS			
		4:30-5:15pm	Junior/Intermediate Commercial Jazz 7-9 YEARS			
SATURDAY						
		8:30 - 9:00am	Funky Monkey Hip Hop (2.5-4yrs)	8:00-9:00am		
		8:30 - 9:00am	Funky Monkey Hip Hop (2-4yrs)	8:30am - 9:15am	Primary Jazz 5-6 YEARS	
		9:00 - 9:45am	Introduction to Dance 2.5-4yrs (Ballet /Tap & Jazz)	9:15-10:00am	Primary Ballet (RAD) 5-6 YEARS *	
		9:45-10:45am	Primary Combo Cuties 5-6 YEARS (Ballet/Jazz & Tap)			