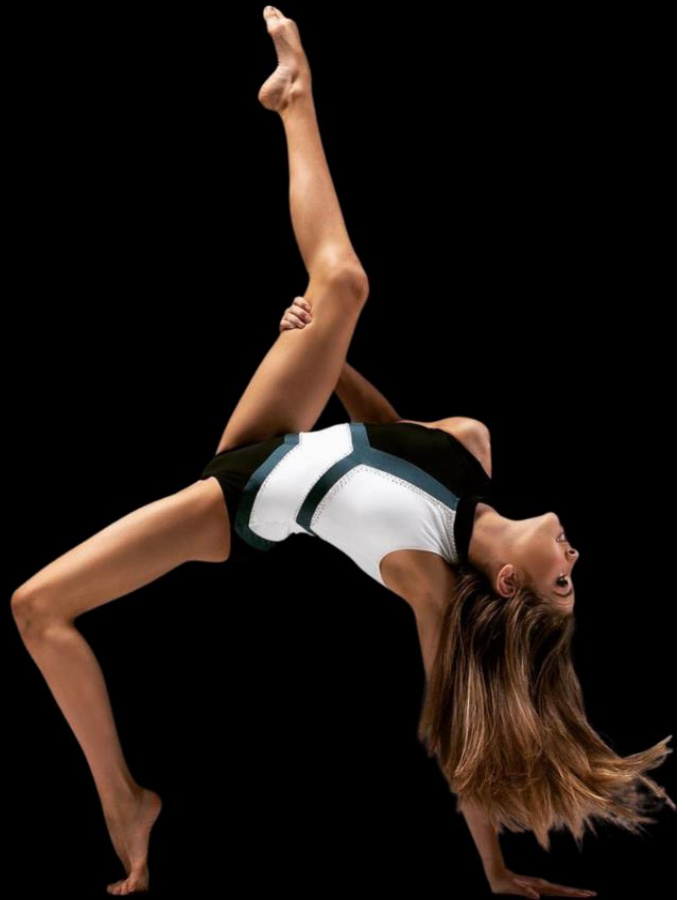


# 2023 Enrolment Pack



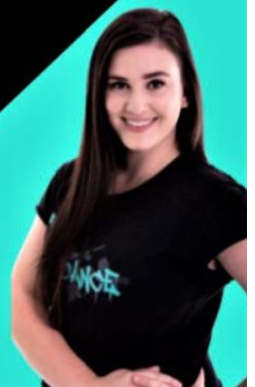
CLASSES FROM 2.5-18YRS+

## JOIN THE SJ FAMILY IN 2023



*"You're not just a number at SJ but part of our family"*

*Samantha Howcroft*  
Director



4/32 Premier Circuit, Warana



[www.sjdancestudio.com](http://www.sjdancestudio.com)



0431203410



## Included in this Enrolment Pack:

- Enrolment Pack
- Registration Information
- Welcome Letter
- Our Philosophy
- Enrolment Process
- Fees/Term Dates
- Contact /Location Information
- Program/Genre Information
- General Information
- Enrolment Forms

Once you have read through each page of this enrolment pack, please **return** the completed enrolment form along with your **\$45 (incl GST) registration fee** to secure your child's place in their chosen classes for 2023.

### **The Annual Registration Fee is non-refundable and covers:**

- 12 Month SJ Membership
- Music Copy Right Fees
- 12-month Insurance Cover
- Concert Rehearsal Fees + Performance

The completed enrolment form can also be sent in via email or handed in to our office. Please note, we will not be able to process your child's enrolment until payment of the registration fee has been received. \*We can invoice this if preferred.

**Please refer to page 6 of this enrolment pack for Enrolment process.**

*Note: We will send you a confirmation email to advise you of your child's successful enrolment.*

**Address** – 4/32 Premier Circuit, Warana

**Phone** – 0431203410

**Email** – [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)

**Director's email** – [principal.sjdancestudio@gmail.com](mailto:principal.sjdancestudio@gmail.com)

**Website** - [www.sjdancestudio.com](http://www.sjdancestudio.com)

*Dear Parent/Guardian,*

*I would like to take this opportunity to introduce myself and welcome you to SJ Dance.*



*My name is Samantha Howcroft and I am the director of SJ Dance. Dance has had an incredible impact on my life. I started classes at the age of four with a lifelong dream of one day opening up my own studio, teaching and inspiring young children creativity in dance. I have had the pleasure of training, working, and teaching with incredibly talented dancers, teachers and choreographers from around the world. I started teaching at the age of 16 and completed a two-year Diploma in Dance at the age of 18 in fulltime dance.*

*I moved to Melbourne at 19, to train and gain more knowledge about the dance industry. After being accepted into multiple full time companies I was offered a scholarship with one of Australia's leading Full Time dance Company's, "Jason Coleman", Ministry Of Dance. After my training in Melbourne, I moved back home to the beautiful Sunshine Coast to make my lifelong dream a reality.*

*My past and present dancers have achieved the following under my direction:*

- Successful auditions for full time dance training with Brent St, Ettinghausens, and Dynamite Studios.*
- Performing with Ballet International Gala, RB Corp. Instruction, Brisbane City Youth Ballet, The Dream Dance Co. and the Tannos Collective.*
- Many soloists have been awarded outstanding results at various Regional and National comps.*
- In 2022, I was proud to have been named a Finalist of the Australian Women's Small Business Champion Awards.*

*My team at SJ Dance are committed to provide young and aspiring dancer's with high quality dance training and beneficial personal tuition in a caring and professional environment. We focus of strengthening student's growth of each individual dancer so that each child's needs are met at their own level.*

*Our Mission is to keep the passion for dance alive in each and every one of our students. You aren't just "a number" at SJ but part of our dance family and we believe building relationships and friendships with everyone that enters our doors is important.*

*I look forward to working with your child and I'm so excited to be able to welcome you to the SJ Dance Family. Please don't hesitate to contact me at any time.*

***"I hope to inspire all my students in making their dreams come true"***

*Yours Sincerely,*

**Samantha Howcroft**





# Our Philosophy

SJ Dance Studio is an exclusive dance studio located on the Sunshine Coast in Warana, providing quality dance training with beneficial personal tuition. Our studio gives 100% Personal attention so that your child feels supported in an encouraging, friendly and most importantly non-competitive environment. We focus on strengthening student's personal growth of each individual dancer so that each child's needs are met at their own level.

At SJ Dance, our classes are capped for ultimate personal attention, so no student is left behind... that's what sets us apart from others. SJ Dance is one of the most exclusive studios on the coast, offering young and aspiring dancers high quality dance tuition in a caring and professional environment. We offer recreational, elite and industry programs, catering all age groups and levels, for students who wish to dance either for fun or for the student who is taking dance much more serious and seeking a career in the industry. We mentor and support each student in whichever direction they seek. Each class provides our students with opportunities for Self-Confidence, Creativity, Imagination, Teamwork, Fitness and Performance Skills. We have personalised programs and class structures for different age groups and aim to train and develop dancers in the area of strength, flexibility, technique, creative expression and choreography.

We offer a variety of different classes for all age levels; see further pages for class description.

We strive to see student's passion, love and drive for dance and we believe the best way to learn is to be in an inspiring and motivating dance environment. SJ Dance prides itself on being unique with 3 state of the art studios. We have selected the latest technology in sprung flooring and a professional Vinyl dance surface, now used by elite national and international dance companies.

Our premises has 3 state of the art studios, all with full length safety mirrors and an incredible sound and lighting systems. We have kitchen and bathroom facilities as well as a student only area.

Our reception has a relaxing sitting area for all parents wanting to watch their child dance by getting a look inside the class rooms with the individual TV's that are hooked up to look inside the studios.

Our experience is truly like no other!  
The energy, the vibe, the ambiance, what better way to dance.





# Our MISSION

At SJ Dance our mission is to provide a creative space where students feel safe and supported to experience a positive and empowering journey through dance. This gives them the opportunity to ignite their passion and to reach their full potential in whichever direction they choose.

# Our VISION

Our vision is to create an inspiring environment where students can dream big and feel the magic of dance. Our faculty aim to provide quality dance training for all ages while building self-confidence in every child. We have seen beautiful friendships formed over the years and children grow into inspiring young adults striving to achieve their dreams.

# Our VALUES

At SJ Dance, we value quality. Our teachers are dedicated to helping each dancer reach their full potential. We strive to deliver the highest quality of dance education in the area. We strive to empower students with the values of resilience, dedication and persistence.

***Encouragement - Creating confidence in every child***

***Growth - Showing Improvement in every child***

***Wellbeing - Looking after the mental health of every child***

***Equality - Making each child feel equally valued***

***Family - Creating a family friendly atmosphere***

***Individuality - Allowing each child to be in their own lane***

***Time - Valuing every second of class as a moment we can improve***



# **2023 ENROLMENT PROCESS:**

Dear Parents and Students,

What an exciting year of 2023 we have ahead of us at SJ Dance.

The enrolment process continues to be a simple and convenient procedure to ensure acceptable class numbers, and that each and every student receives the very best education.

If you have any queries in regards to the following information please contact us at [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)

Please note: If you wish to discuss your child/children's dance tuition in depth, contact the office to arrange a meeting with the Director, Samantha Howcroft.

***The 2023 Enrolment form and Class registration will be sent to you separately or you can also find this at the studio on the reception desk.***

It is imperative that these forms are returned as soon as possible to secure your child's place in their desired classes for next year. Most classes will fill quickly and waiting lists will apply once class allocation is exhausted.

## **Enrolment Process below.**

- 1. Complete the Enrolment Form**
- 2. Complete the Class Registration Form**
- 3. Make payment of the 2023 \$45.00 Registration fee (by direct deposit or pay at reception)**
- 4. Return the Enrolment and Class Registration Forms (by email or return to reception)**

Every NEW Enrolment receives a **FREE SJ WATER BOTTLE.**

Please note: Enrolments will not be processed without the registration fee being paid in full. Payment can be made by Direct Deposit, Eftpos or Cash. \*We can also invoice this to you, if preferred.

If you are unsure of what classes to do and would like to discuss and find out more information about our programs or would like to create a plan for your child's dance tuition, please arrange a meeting now to organize your child's dance program for 2023.



# SJ DANCE FEE STRUCTURE 2023

Dance Fees are charged per term and will be invoiced at the beginning of each term.

We offer a **DISCOUNTED RATE & STANDARD RATE**. (Discounted rate applies to families who pay in full 2 weeks prior to the Term commencing).

Please select from the following fantastic packages we offer to cater to your dancers needs

## GENERAL CLASS FEES:



½ hour classes	<b>Standard Term fee</b> Following public school term dates	Per Week 10 week term)	<b>Discounted Rate:</b> <b>Applied if paid in full two weeks before each term.</b>	Per Week 10 week term
Please refer to the timetable for all the 1/2hr classes available in 2023	\$142.00 for 1 class per week per term	\$14.20 Per week	<b>Discounted rate:</b> \$130 for 1 class per week per term	<b>\$13.00 Per week</b>
	\$284.00 for 2 classes per week per term	\$28.40 Per week	<b>Discounted rate:</b> \$260 for 2 classes per week per term	<b>\$26.00 Per week</b>
	\$426.00 for 3 classes per week per term	\$42.60 Per week	<b>Discounted rate:</b> \$390 for 3 classes per week per term	<b>\$39.00 Per week</b>
	\$568.00 for 4 classes per week per term	\$56.80 Per week	<b>Discounted rate:</b> \$520 for 4 classes per week per term	<b>\$52.00 Per week</b>
	<b>Refer to the discounted unlimited package deal (Below) for more than 5 classes per week</b>			

<b>45 Minute Classes:</b>	<b>Standard Term fee</b> Following public school term dates	<b>Per Week</b> 10 week term)	<b>Discounted Rate:</b> <b>Applied if paid in full within the first week before each term.</b>	<b>Per Week</b> 10 week term
Please refer to the timetable for all the 45 min classes available in 2023	\$162.00 for 1 class per week per term  \$324.00 for 2 classes per week per term  \$486.00 for 3 classes per week per term  \$648.00 for 4 classes per week per term  <b>Refer to the discounted package deals (Below) for more than 5 classes per week</b>	<b>\$16.20 Per week</b>  <b>\$32.40 Per week</b>  <b>\$48.60 Per week</b>  <b>\$64.80 per week</b>	<b>Discounted rate:</b> \$150 for 1 class per week per term  <b>Discounted rate:</b> \$300 for 2 classes per week per term  <b>Discounted rate:</b> \$450 for 3 classes per week per term  <b>Discounted rate:</b> \$600 for 4 classes per week per term	\$15.00 Per week  \$30.00 Per week  \$45.00 Per week  \$60.00 Per week
<b>1 hour classes :</b>	<b>Standard Term fee</b> Following public school term dates	<b>Per Week</b> 10 week term)	<b>Discounted Rate:</b> <b>Applied if paid in full within the first week before each term.</b>	<b>Per Week</b> 10 week term
Please refer to the timetable for all the 1hr classes available in 2023	\$182.00 for 1 class per week per term  \$364.00 for 2 classes per week per term  \$546 for 3 classes per week per term  \$728.00 for 4 classes per week per term  <b>Refer to the discounted package deals (Below) for more than 5 classes per week</b>	\$18.20 Per week  \$36.40 Per week  \$54.60 Per week  \$72.80 Per week	<b>Discounted rate:</b> \$170 for 1 class per week per term  <b>Discounted rate:</b> \$340 for 2 classes per week per term  <b>Discounted rate:</b> \$510 for 3 classes per week per term  <b>Discounted rate:</b> \$680 for 4 classes per week per term	<b>\$17.00 Per week</b>  <b>\$34.00 Per week</b>  <b>\$51.00 Per week</b>  <b>\$68.00 per week</b>



## UNLIMITED DANCE PACKAGE DEALS:

	<b>Standard Term fee : No further discounts apply to the already discounted rates</b> Following public school term dates
<b>SJ DANCE UNLIMITED PACKAGE 1</b> <b>6 years and under</b>  *Students on unlimited package are limited to doing 7 classes a week.  (If the student wants to attend more additional costs will apply).  <b>EXAMPLE:</b> Your child is enrolled in 7 classes at \$142 per 30 min class.... This would = \$994.00 Per Term  <b>SAVING</b> = \$254.00 Per Term (Going off 30 minute classes)	<b>\$740 total</b> for 7 classes of your child's choice appropriate for 6 years and Under, each week, per term  If your child is doing 5 or more classes – The best option for your child is the unlimited package.  Includes the following: (classes) * Subject to change <ul style="list-style-type: none"> <li>- Jazz</li> <li>- Jazz Technique</li> <li>- 2x RAD Ballet</li> <li>- Hip Hop</li> <li>- Acrobatics</li> <li>- Musical Theatre</li> <li>- Tap</li> <li>- Vocal</li> <li>- Contemporary / Lyrical</li> </ul>
<b>SJ DANCE UNLIMITED PACKAGE 2</b> <b>7 -13+ yrs</b>  *Students on unlimited package are limited to doing 9 classes a week (if the student wants to attend more classes - additional costs will apply).  <b>EXAMPLE:</b> Your child is enrolled in 9 classes at \$162 per 45 min class.... This would = \$1458 Per Term  <b>SAVING</b> = \$658.00 Per Term (Going off 45 minute classes)  <i>If you are in any of our Classical or Jazz Extension programs all of the classes on the timetable are included in their child's age group (You are not limited to 9) *Please see program prospectus for details.</i>	<b>\$810 total</b> for 9 classes appropriate for 7 years and above age group, each week, per term  If your child is doing 5 or more classes – The best option for your child is the unlimited package.  Classes available are the following: *Subject to change <ul style="list-style-type: none"> <li>- CSTD Jazz</li> <li>- Commercial Jazz</li> <li>- 2x RAD Ballet</li> <li>- Recreational Jazz &amp; Ballet</li> <li>- Jazz Technique</li> <li>- Ballet Technique</li> <li>- Contemporary / Lyrical</li> <li>- Tap</li> <li>- Hip Hop</li> <li>- Acrobatics</li> <li>- Musical Theatre</li> </ul>

## ELITE TEAM

- 6 Years & Under
- 8 Years & Under
- 10 Years & Under
- 12 Years & Under
- 15 Years & Under
- Opens

**\$140.00** per term (\$14 per week) \*10 week Term  
**\$110.00** Per Term (Hop Hop crew only)

Includes the following:

- Elite Team Class
- Elite Team Holiday Intensive week
- Elite Team Term 1 Weekend Training
- Elite Extra Rehearsals
- Elite Team locker for 2021
- Dance Planner Templates + Dancer Diary

Please note: Refer to the below for the minimum class attendance to participate in Elite Team:

**\*This set rate is on top of the classes your child decides to enrol in.**

## DISCOUNTS:

### SIBLING DISCOUNTS:

5% OFF 2nd CHILD

10% OFF 3rd CHILD

15% OFF 4<sup>th</sup> Child

Sibling discount will be applied onto your families invoice per term.

### Example of Sibling discounts:

- If you have 2 children attending SJ Dance, a 5% will be taken off your 2<sup>nd</sup> child's total dance fees.
- If you have 3 children attending SJ Dance 10% will be taken off your 2<sup>nd</sup> & 3<sup>rd</sup> child's total dance fees.
- If you have 4 or more children attending SJ Dance 15% will be taken off your 2<sup>nd</sup>/3<sup>rd</sup> and 4<sup>th</sup> child's total dance fees.

## ELITE PROGRAMS ON OFFER:

- *Elite Extension Program (9-12yrs)*
- *Classical Coaching Program (10-13yrs +)*

*If you would like more information about these programs, please email us at [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com) to get the schedule, prospectus and fees.*

## FEES TERMS & CONDITIONS

**Due to the costs associated in managing overdue fees SJ will have the following payment terms.**

### **PAYMENT PLANS AVAILABLE!**

Please email us for an ezidebit form; you have the option to pay weekly, fortnightly or monthly. Please note: All ezidebit accounts with SJ must be finalized by the end of any term. All payment plans must be arranged at the beginning of term.

*Fees do apply – see terms and conditions on ezidebit form*

*\*Please note, if you are on a payment plan, you will be invoiced for the standard term fee)*

### **LATE PAYMENTS!**

If payment is not made by the due date, you will incur a 5% late fee onto your invoice. Your child will not be allowed to attend their classes until a payment plan is organized with the director. SJ understands if families have a financial difficulty from time to time and we are happy to arrange a payment plan with you. If no arrangement has been made with admin in relation to your fees by week 2 of any term, unfortunately removal from class will have to occur until fees are paid in full.

### **TERMS FEES!**

Fees are per term, regardless of the length of term. All fees must be paid in full by the end of the 1st week at the beginning of any term unless on a payment plan. All payment plans need to be arranged at the beginning of term. All prices below include GST.

Take advantage of the Discounted Term fees by making full payment 2 weeks prior to Term starting. Any payments that are outstanding after the first week of Term will have the standard term fee applied. Term payments that are not fully paid by the due date on the invoice or you have not arranged a payment plan by the due date, you will be charged for late payment.

## **ACCOUNT DETAILS:**

In Person: Present cash or Invoice to our office during business hours.

### **Eftpos available**

Direct Deposit: SJ Dance

**BSB:** 064447 **Acc Number:** 10567105 **REFERENCE:** INVOICE NUMBER

## EASY TO READ TERM FEES

Classes	Standard TERM FEE	Discounted (If paid in full within two weeks BEFORE Term)	Per class (10 week term)
30 min	\$142.00	\$130.00	\$14.20
45 min	\$162.00	\$150.00	\$16.40
1 hour	\$182.00	\$170.00	\$18.60
			<b>Per Week</b>
Elite Team	\$140.00		<b>Additional</b>
Unlimited Class Package 1 <b>6 years and Under</b>	\$740.00		\$74.00
Unlimited Class Package 2 <b>7 years – 13+ Years</b>	\$810.00		\$81.00

**PUBLIC HOLIDAYS:** No classes will run on public holidays. Our Term fees are a set price, regardless of the length of the Term and when public holidays are scheduled. *No refunds will be credited.*

If you have any questions with regards to payment of Term fees, please email admin at [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)

## Term Dates 2023

All terms are as per QLD school term dates.

Term	Dates	Length
<b>Term 1</b>	<b>Monday 24<sup>th</sup> Jan – Friday 1<sup>st</sup> April</b>	<b>10 Weeks</b>
<b>Term 2</b>	<b>Tuesday 19<sup>th</sup> April – Friday 24<sup>th</sup> June</b>	<b>10 Weeks</b>
<b>Term 3</b>	<b>Monday 11<sup>th</sup> July – Friday 16<sup>th</sup> September</b>	<b>10 Weeks</b>
<b>Term 4</b>	<b>Tuesday 4<sup>th</sup> October – Friday 9<sup>th</sup> December</b>	<b>10 Weeks</b>

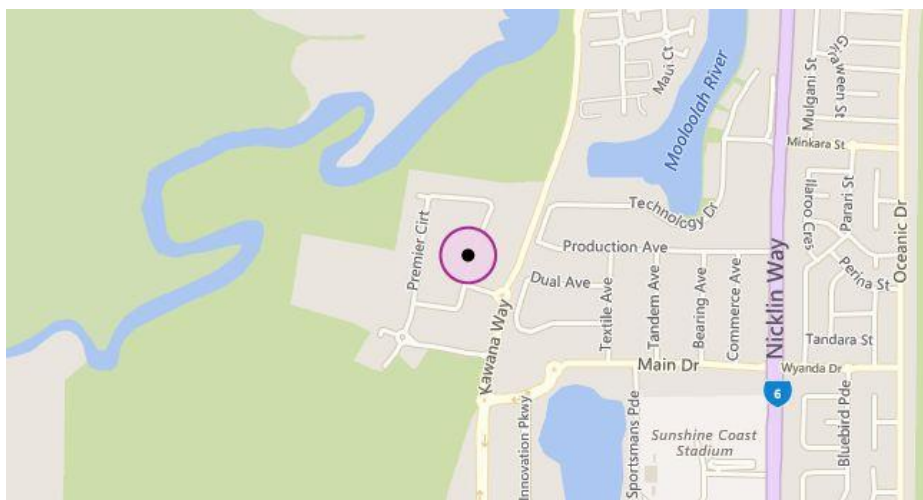
### Public Holidays - No Classes

- Australia Day– Tuesday 26<sup>th</sup> - January
- Good Friday – 2<sup>nd</sup> April
- Day Following Good Friday – Saturday 3<sup>rd</sup> April
- Easter Sunday – 4<sup>th</sup> April
- Easter Monday - Monday 5<sup>th</sup> April
- Anzac Day – Monday 26<sup>th</sup> April
- Labour Day – Monday 3<sup>rd</sup> May
- Queen’s Birthday – Monday 5<sup>th</sup> October

# Location

*Turn right at premier circuit, we are the 3<sup>rd</sup> driveway on the right at the end of the driveway.*

**Address – 4/32 premier circuit Warana**



# Our Programs



SJ Dance Studio offers classes for all ages in a variety of genres.

We provide personalized programs for each class to focus on technique but also to keep up with the latest choreography, so all students have a fun and motivating class structure.

Our aim is to make sure our studio is exclusive so that your child receives the beneficial tuition they need to train and develop in the area of strength, flexibility, technique, creative expression and choreography.

We believe keeping each class capped so that your child gets the personal attention they need to improve on their dance training, but most importantly this means no child will be left behind.

## **STUDENT CARE PROGRAM**

Each and every student at SJ Dance is important to us. To ensure the best teaching environment, SJ has an innovative program to ensure parents are kept informed with their child's progress. The SJ teaching faculty will allocate time to provide feedback for each individual dancer during a meeting. Which can be organized through admin.

***We believe communication is key to provide the best education and support for our beautiful students***

## **CLASSICAL BALLET**

### **Royal Academy Of Dance (RAD)**

Classical Ballet is the foundation of all dance. SJ Dance is fully registered with the R.A.D (Royal Academy of Dance) which is one of the most well established and largest dance educations in the world. Classical ballet is easy to learn at any age and will help the student's technique immensely.

We believe ballet is essential for improving the core, coordination, flexibility, posture, muscle tone, and strength.



**To qualify for the exam, the student must be taking a minimum of 2 classical ballet classes per week, attend an intensive 3 day workshop held in Sep/Oct school holidays. This ensures the student is suitably prepared for the exam.**

**Students will only be put forward for exams when they are deemed ready which will be at the discretion of their teacher. Students undertaking exams require 100% attendance of all classes and compulsory workshops. Individual certificates and reports are awarded to successful candidates.**

**Examinations are not compulsory but highly recommended to build confidence, a sense of achievement and to really enhance and improve overall ballet technique. Individual certificates and reports are awarded to successful candidates.**



### **Why classical ballet training is so important?**

Like any dance form, ballet is physically intensive. Ballet requires the use of muscles in the arms, legs and torso along with many various movements designed to increase physical strength, flexibility, range of motion and exercises that are designed to increase heart rate which improves endurance, stamina and overall cardiovascular health

.Ballet also helps dancers with all other genres as it is the basis of dance and has so many benefits to your technique, style, body and health.



## **RECREATIONAL BALLET**

This class is designed for students who love ballet and want to train weekly with their ballet training who prefer not to sit their exams.

Like any dance form, ballet is physically intensive. Ballet requires the use of muscles in the arms, legs, and torso along with many various movements designed to increase physical strength, flexibility, range of motion and exercises that are designed to increase heart rate which improves endurance, stamina, and overall cardiovascular health. Ballet also helps dancers with all other genres as it is the basis of dance and has so many benefits to your technique, style, body, and health.

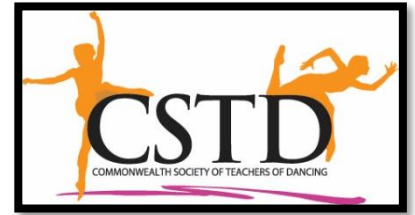
## **POINTE**

To participate in our Pointe classes, you must speak to one of our teachers to see if your child is ready to commence this class. Ballet is best known for the “pointe” technique where dancers use shoes that are especially created for dancing on their toes. However, this is only one facet of ballet, one that requires years of experience in training. This class is an invite only class, if you wish to progress to this level, please speak to your teachers.

## CSTD JAZZ

SJ DANCE offers 2 types of JAZZ classes on the timetable.

There are many different styles to the genre jazz including Commercial Jazz, Broadway, theatrical, and technical just to name a few. SJ Dance Studio wants to cover all varieties of this style to provide our students with as much experience as possible.



You will see on the Timetable our recreational Jazz and our CSTD Jazz.

### **What's the difference between recreational Jazz and CSTD Jazz?**

#### **C.S.T.D – Commonwealth Society of Teachers of Dance**

This is a highly regarded international dance society proudly serving dance for over 80 years providing exams in all major dance disciplines from Primary Level to Teachers qualification. Students follow the syllabus for their grade each week and Classes are offered in the "New Modern Jazz" genre. Examinations for this style of Dance will be held in early October with closing date for entries in late July.

**To qualify for these Exams, students must attend a compulsory intensive 3 day workshop held in the September school holidays.**

**Examinations are not compulsory but highly recommended to build confidence, a sense of achievement and to really enhance and improve overall Jazz technique. Individual certificates, reports and medals are awarded to successful candidates.**

**Students will only be put forward for exams when they are deemed ready which will be at the discretion of their teacher. Students undertaking exams require 100% attendance of all classes and compulsory workshops. Individual certificates and reports are awarded to successful candidates. have the option to partake in exams.**

## Recreational Jazz / Commercial Jazz Class.

Recreation Jazz is designed for students who love jazz and want to train weekly with their jazz training who prefer not to sit their exams. This class change sup every week and uses a variety of music.

There are many different styles to the genre jazz including Commercial Jazz, Broadway, theatrical, and technical just to name a few. SJ Dance Studio wants to cover all varieties of this style to provide our students with as much experience as possible.

A non-syllabus class, enables students to improve their ability to pick up choreography quickly and develop individual style as a performer. The class aims to build strength and flexibility in our dancers as well as working on corner exercises and centre exercises.

We recommend students doing both jazz classes as they are completely different yet go hand in hand with each other.

## TAP

Tap dance is a lot of fun and is easy to learn at any age. Tap dance is excellent for keeping rhythm and balance and it never gets boring as you will always be learning something new each time. If you think you would like to make music with your feet and get a great workout at the same time, then this class is for you.

Weekly classes consist of open tap technique and the CSTD exam syllabus tap.

## CONTEMPORARY

Contemporary classes consist of strong technique and methods found in ballet and modern dance, but unlike ballet, contemporary will often focus on floor work as it's all about grounding yourself with expressive movements through different body alignments.

This style uses versatility and can be used in almost any sound of music as it's a free, artistic and creative feeling. Principals of contemporary dance include, centering, alignment, gravity, releasing, contractions, flying and suspension.

This class caters for students from the age of 7 years. We advise students to have a ballet background to join this class, as it is quite technical. This class is great fun, as you are continuously learning from one style to the next.

I recommend trying at least two classes to feel the benefits of contemporary/lyrical dance.



## LYRICAL

Lyrical dance is a dance style that embodies various aspects of ballet, contemporary, acrobatics, and modern dance.

Lyrical dance is "strongly associated with clearly displayed emotional moods, fast-moving choreographic strategies, emphasis on virtuosic display, illustration of song lyrics, and, in group form, exact unison."

We advise students to have a ballet background to join this class, as it is quite technical. This class is great fun, as you are continuously learning from one style to the next.



## HIP HOP

Hip Hop is one of the most popular styles as it provides no prior training necessary. Students will learn a variety of hip hop styles from our talented teachers and guest teachers as there are so many different aspects of hip hop such as Girly style, street and Lyrical Urban but if you find you naturally love to dance, and let yourself go this class is for you.

Improve your skills and have heaps of fun just like music videos with current songs from popular artist such as Beyoncé, Rhianna and Usher.

## ACROBATICS

These classes focus on building individual strength to enable students to try and master new tricks with correct technique. The strength and conditioning component assists in injury prevention with strength conditioning taught through exercises.

## MUSICAL THEATRE

Musical Theatre is designed to provide equal focus on singing, acting and dance. We wanted to offer students with a passion for musical theatre an opportunity to explore and extend their skills in a collaborative environment. This class allows for students to become well rounded in their dance training by learning adjunct skills to improve their overall performance and style. Musical Theatre will focus on classical jazz technique, facial expression, and showmanship, with an introduction to voice coaching.

## JAZZ TECHNIQUE EXTENSION (TURNS, FLEXIBILITY & JUMPS)

Our Turns and Jumps class give dancers the opportunity to learn tricks and skills within the Jazz and Contemporary dance styles. We use this class to purely focus on strengthening student's technique, flexibility and strength in multiple turns and jump progressions. This class is ideal for students wishing to take their dance to the next level by learning new and harder skills.



## Elite Performance Team

The Elite Performance Team allows the more experienced dancer to train at a more technical level and perform/compete multiple choreographed routines at different events and eisteddfods. The elite performance team focuses mainly on performance and are exposed to competitors of many levels, these students will be selected by our teachers and must have a technical background in ballet and jazz.

All Elite Performance students are expected to have 100% attendance for classes, rehearsals, performances and eisteddfods and must attend a jazz and ballet class weekly in order to maintain their position in the team.

The elite performance team encourages confidence, performance, teamwork and commitment to each student.

If your child is interested in being a part of our Elite Team, Please email [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com) to receive an Elite Team Handbook which has further information regarding this performance Team.

INVITATION OR AUDITION ONLY

## EXTENSION PROGRAMS FOR 2023!

Our Extension programs are by Audition or Invitation only, for students who love and are dedicated to dance. These programs give students an extensive amount of knowledge to take their training to the next level in whichever program they are involved in.

Each program is different and provides opportunities in each field. We aim to provide pathways for all students involved in whichever direction they wish to pursue in the near future, with a tailored detailed plan for the year. We focus on individual training and create a supportive, caring and professional environment to deliver an outstanding extension program to set the student up for success.

These programs will incur an additional cost. Please contact Samantha for more information on the programs below;

- **ELITE EXTENSION PROGRAM**
- **CLASSICAL COACHING PROGRAM**



If you would like a prospectus for one of our program, please contact us.

# INTRODUCTION/ BEGINNER Programs

SJ Dance studio offers a Beginner dance program from ages 2-4 years. We have created this program for our younger students to introduce the foundation of dance before they move further into their dancing.

Some of the Prep program classes we offer are:

- **Introduction to Dance**  
(Ballet / Jazz & Tap) \*Combined class
- **Beginner Acrobatics**
- **Beginner Ballet**
- **Beginner Jazz**
- **Funky Monkey Hip Hop**

At SJ Dance Studio we believe your child can experience a positive and magical start to the love of dancing. Creative movements and dance are a wonderful way for young children to develop the physical skills, channel their energy, use imagination and promote their creativity and respect.

We trust that your child will be having a magical dance experience with our prep programs as they are developing core strength rhythm, counting, balance and special awareness. Our programs aim to use a positive, non-competitive, safe and nurturing environment. All Parents are welcome to watch in our relaxing viewing room, fully air-conditioned with tea and coffee provided.



## ENROL NOW

Our Beginner Dance Program 'Introduction to dance' introduces the foundation of dance in a 30 or 45 minute class. We have created this program for young children (boys & girls) to experience a positive and magical start to their dance journey, using creative movements, imagination, rhythm, core strength and balance.

A way for your child to express themselves and most importantly have fun!

## LEARN AND GROW

Our classes teach pre-school aged children to follow direction and remember instructions. They will also advance their motor skills, develops musicality, boosts confidence and learn the basics. Little dancers LEARN and GROW in a positive and safe environment.

## HAVE FUN

Our Program is designed for students to learn while they HAVE FUN. All students love to use imagination and skill set to have fun and advance in their weekly classes.

## MAKE NEW FRIENDS

Dance Together Friends Forever! Pre-schoolers learn to be apart of a TEAM and enjoy social interaction with other little dancers who love being creative just like them.

- LOCATED IN WARANA
- BALLET & JAZZ
- BOYS & GIRLS
- BUILDING CONFIDENCE AND COORDINATION
- STATE OF THE ART STUDIOS
- ALL PARENTS WELCOME TO WATCH IN OUR AIR-CONDITIONED PARENTS VIEWING AREA



**TRIAL YOUR FIRST CLASS FREE & SECURE**  
YOUR SPOT IN OUR CLASSES FOR TERM 2! WE CAN'T WAIT TO MEET YOU.

## CONTACT US TODAY:

0431203410 | [SJDANCESTUDIO@GMAIL.COM](mailto:SJDANCESTUDIO@GMAIL.COM)  
4/32 PREMIER CIRCUIT, WARANA

[WWW.SJDANCESTUDIO.COM](http://WWW.SJDANCESTUDIO.COM)



## Concert –End of year performance,

All students are invited to be a part of our End of Year Concert.

This is where all students in different classes will learn concert routines and perform them to parents, friends and loved ones, of what they have been learning and the hard work they have committed during the year.

Concert routines are normally taught in term 3 & 4, there will be a full-dress rehearsal, technical rehearsal and concert rehearsal at the end of the year in late November and early December.



Note: Costumes for the End of Year Concert and Performance Team Troupes will need to be purchased by parents. Invoice Deposits for concert costumes will go out in Term 2. Full payment for costume fees will need to be fully paid by the start of Term 3. If payment is not received, your costumes will not be ordered, which means your child may miss out on performing for the concert.

We will not hand out any costumes unless full payment has been made.

**2023 Concert is the – Start of December DATE TBC**

Caloundra events Centre – main stage.

## Uniform

Uniform is compulsory for all students. Uniform must be worn to all classes as its essential for helping students take pride in their appearance and to feel a part of the team. Uniform allows teachers to see if the students are dancing correctly and safely to ensure correct body placement and use of muscles. We expect all students to be in correct uniform and footwear by the 2<sup>nd</sup> week of registering at SJ Dance Studio. By wearing uniform suitable to each dance style, students can learn how to dress appropriately for auditions and professional performing work etc.

- Students who are in our elite performance team must wear only, SJ Dance or SJ Active clothing to and from performances, eisteddfods and events.
- Students who do not wear the correct uniform, will be sent home a uniform slip, if by the next week uniform is not up to standard, the child will be asked to leave the classroom.
- Students will not be permitted to dance in uniform that is ripped or has holes, including tights.
- Hair must be worn in a ballet bun for all ballet classes. This includes a hair net and bun pins.
- No jewelry allowed, for the students safety.
- Casual Classes may wear whatever they wish from the SJ Dance range.

**PLEASE SEE NEXT PAGE FOR UNIFORM DETAILS FOR EACH CLASS.**

## BALLET UNIFORM:



All ballet uniforms must be purchased from 'Showtime Dance Wear'.  
They are located – 6/256 Nicklin Way, Warana QLD 4575

**\*Note:** Showtime dance wear know exactly what uniform we require. Walk in, say you're from SJ and what age & grade or class your child is doing and they will organize exactly what is required.



Beginners  
Ballet Pink  
CL02 Jesse Leotard  
Exam & Class



Primary- Grade 1  
Lilac  
CL75 Katherine Camisole  
Exam & Class



Grade 2 & 3  
Aubergine  
CL75 Katherine Camisole  
Exam Only



SHOWTIME  
DANCE  
Wear

Grade 4 & 5  
Navy  
LR5007G Rosa Leotard  
Exam Only



Intermediate Foundation  
Black  
L52750 Paradise Leotard  
Exam & Class



Beginners  
Ballet Pink  
CS17 Emily Skirt



Primary- Grade 1  
Lilac  
CS01 Wrap Skirt



All Grades  
Black  
CL75 Katherine Camisole  
Optional Extra For Preliminary - Grade 1

SJ Dance Ballet Uniform

**All your class shoes & stockings can be purchased from showtime.  
SJ Dance does not stock the ballet uniforms, shoes or stockings.**

**See next page for our uniforms that we stock at SJ Dance.**

## Uniform for all other classes:

\*Purchase from SJ Dance Uniform shop

### Introduction To Dance / Beginners / Primary

- SJ Dance Mini Set
- SJ Dance Mini Dress



### Jazz / Acrobatics / Musical Theatre / Contemporary / Lyrical & Tap

\*See our range for variety of options

- SJ Dance Crop Top
- SJ Dance shorts
- SJ Dance Leggings
- SJ Dance Leotard



### OTHER SJ Merchandise:

\*See our range for variety of options

- SJ Crop Tees
- SJ oversized Tees
- SJ Kids Tees
- SJ Winter Tracksuit sets
- SJ Zip Jumpers / Hoodies
- SJ Elite Uniform
- SJ Active Wear Range (Int / Snr students only)
- SJ Bag
- SJ Drink Bottle



**All images of the above are in the SJ Uniforms Look Book. If you have not received this, please contact us.**

# CANCELLATION OF CLASSES

To assist us with planning class allocations etc, if you wish to discontinue a class, we require a written email to our email address notifying when your child will be discontinuing their class. No refunds or credits will be given to any cancellations of classes as we have secured your child's place in our classes, which may be preventing other children to dance who are on our waiting list.



Please note: Your child can swap to another class at anytime from Term 1 & 2.

If you are unable to dance at our studio due to medical reasons, moving or health etc and you have paid full amount of fees at the start of term, we will refund your money till the day you have to stop.

- There will be no refunds for missed classes, sick or holidays etc.
- If you decide to leave SJ and fees have been paid there will be no refund unless it is for medical reasons or moving.
- If medical reasons prevent a student from attending classes, a credit of fees may be permitted, with the proof of a medical certificate.
- There will be no refund for costume hire fees or costume purchase fees.

# PUNCTUALITY

To assist our teachers in keeping all classes running to their scheduled time, we ask that all students arrive for class at least 5 minutes before the class start time, fully groomed and wearing the correct uniform.

Note: We also ask that Parents/Guardians of younger students ensure that your child has been encouraged to use the toilet prior to the start of class. This will help to minimize disruptions during class time.

# BEHAVIOUR

We are committed to making your child's dance experience a positive one and therefore we ask that all students, parents & guardians conduct themselves in an appropriate and respectful Manner toward Staff, other students and parents. Any negative or inappropriate behavior could jeopardize your child's position at our Dance School.

\* SJ Dance Studio has in place a **ZERO TOLERANCE bullying policy**.

- SJ Dance Studio does not tolerate swearing, indecent language or indecent conduct from students or parents. Any parent or student who demonstrates any of the above will be asked to withdraw from SJ Dance Studio immediately.
- Negative communications between parents and/or students will not be tolerated by students or parents.
- Any parent or student who does not comply with SJ Dance Studio Terms and Conditions will affect their position at the studio.





## MISSED LESSONS

To ensure your child receives the full benefit of their dance program, we encourage all students to attend every class. No fees will be refunded for missed classes unless arrangements are made due to special circumstances. We ask that any student that is unable to attend a class due to illness or any other reason, please notify us via phone, email or text message prior to the commencement of the class.

## EXTERNAL CLASSES

No student whilst registered with SJ Dance Studio will be permitted to attend private lessons or class tuition with any other dance studio or similar establishment without prior consent from the Director (Samantha Howcroft), this does not include Primary or secondary schools.

## PARENT VIEWING WEEK

We have a viewing room for parents or loved ones to watch their children dance and keep up to date with that their working on. Some parents may not be able to make it to these classes so we include a parents viewing week where all parents may come and watch their children. This normally happens at the last week of term.

## TEACHER CONSULTATIONS/GREIVENCES

We understand that you may have questions from time to time regarding your child's class, their progress or other issues. To ensure that teachers are not delayed between classes, we encourage you to contact the director during office hours to schedule an appointment with the teacher and director. We are committed to continual improvement in all areas of the Dance Studio. As we are only able to address issues which have been brought to our attention, we welcome your feedback (positive or negative). As part of our commitment, we will endeavor to work towards a positive outcome for all parties in the event of any issues. Note: If you have an issue that cannot be resolved by your child's teacher, we ask that you schedule an appointment with Director (Samantha Howcroft)

- Parents/Guardians must have a valid email address. All information will be communicated via this email address – [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)
- It is the responsibility of at least one parent/guardian to read newsletters and notice boards, to keep informed with information.
- All information will be emailed to the parent/guardian, using the email address provided on your registration form. Please contact us to update your information if it changes.
- All enquiries should be directed to the SJ Dance Studio. Teachers are not available to chat during or in-between class time. Classes run back to back and there is no time in between classes. Please direct inquiries to our office.
- We have a 24-hour rule! If there is a dispute within the studio, we ask that you wait 24 hours until speaking to the principal about the major concern or issue. A meeting will then be arranged in an appropriate manner.  
That way the teacher or principal can get more information on the situation and both parties can discuss with respect about the matter.



## **WATER**

Although the Dance studio is fully air conditioned, students are undertaking physical activity and need to keep hydrated. To avoid dehydration or discomfort, we recommend that all students bring a resalable water bottle to class to avoid having to leave the studio during their class.

In the event that your child has forgotten a drink bottle, cold water will be provided in the refrigerator located in the kitchen. All drink bottles must be placed in the fridge not in the studio, to ensure our flooring is safe to dance on.

In each class there will be at least 2 drink breaks, any child can ask to get a drink when needed.

## **CLEANLINESS**

Although the studio is cleaned regularly, students are encouraged to take pride in their dance studio and assist in maintaining a high level of cleanliness and tidiness at all times. Please ensure that all Food & Drink is consumed in the Student Lounge or outside only. (No food/drink is permitted in the studios at any time.

## **LOST/STOLEN PROPERTY**

Whilst all reasonable measures are taken to ensure the security of your child's belongings whilst attending class, SJ Dance Studio cannot be held responsible for any misplaced or stolen property.

To assist us with minimizing lost property, please ensure all belongings are clearly marked with your child's name so that items can be returned promptly. Our Lost and Found box is located in the Viewing Room. We ask that all bags are put away in the warm up area.

## **STUDENT SAFETY/SUPERVISION**

All staff at SJ Dance Studio take the safety of your child very seriously and we have all undergone the Government working with children check and hold current blue cards. Although we endeavor to ensure Parent Helpers & volunteers are available at all times, we cannot guarantee numbers and availability and therefore we ask that you fully supervise your child at all times outside of their allocated class times. We also ask that any siblings wait with you as we do not have the facilities or staff on hand to offer appropriate supervision for these children.

To ensure the safety of all students, we ask Parents/Guardians of younger students to ensure that where possible they arrive 5 minutes prior to the class end time to pick up their child. All children 7 years & under must be collected from inside the studio. No child under this age will be allowed to exit the studio without a parent or guardian present. We also ask that all other students wait inside the Dance studio in student lounge until their parent/guardian has arrived as we can only offer supervision whilst they are inside the Dance Studio. Students are asked not to wait outside of the studio to be collected by their parent or guardian. This includes the dance Studio car park. If you are running late for your child's pickup, please notify the office prior to the end of the class so that we can arrange suitable supervision for your child until you arrive.

SJ Dance Studio **MUST** be notified of any allergies that a student may have. SJ Dance Studio cannot be held responsible for allergic reactions in the waiting area or outside areas of the studio



## PARKING

SJ Dance Studio has 4 allocated car spaces at the entrance of studio, we ask that all Students can be dropped off and picked up from the car park. There is onsite and offsite parking. (We ask that you DO NOT park in other business car parks).



## HEAD LICE

Outbreaks of head lice are a common and difficult problem in any school environment. We would like to reassure parents/guardians that every step possible is taken to restrict the spread of head lice infestation at our Dance Studio. To ensure the comfort of all students and teachers, parents/guardians are responsible for assisting in the prevention and management of outbreaks.

When head lice are detected, we will take appropriate steps to notify all parents/guardians as soon as possible. We will also ask the parents/guardians of the affected child to commence immediate treatment. Please note that your child may not be permitted to attend class until the treatment has proven successful

## PHOTOGRAPHY/PRIVACY

- Showcase and Competition videos are not to be posted on public websites such as YouTube or Facebook, without SJ Dance Studios permission.
- SJ Dance Studio may use photographs/videos of the students to promote the studio via flyers, website, social media and advertising. Every parent consent to this upon enrolment.
- Please inform teachers if you do not want your child in any photos or videos that could possibly lead to social media, or any other form of advertisement.





## AGREEMENT

I, the paying customer (Parent or Guardian if the students are under the age of 18 years of age) hereby agree to the terms and conditions below and in this ENROLMENT PACK.

I agree to supply true and correct information that is not false or misleading.

I accept that all payment plans for term dance & costume fees will be paid via an automatic direct debit payment plan from your nominated financial account if payments are not paid in full by the due date. SJ Dance uses a Third-Party Company, Ezidebit Pty Ltd.

I accept that any other fees will be scheduled as a direct debit payment from your nominated financial account with a minimum of 7 days' notice. A tax invoice, the amount(s) & the processing date(s) will be sent via email.

I accept that any unpaid balance of fees will remain due. Debt collection activities may include legal action and incurring charges and registering any default with a credit rating provider.

I accept that, no refunds are given for missed dance classes under any circumstances.

I accept that dance class fees are charged out by term. If you choose to discontinue any class part way through a term, the dance class fee is not refundable & any outstanding balance for that dance class fee will remain due. Unless medically injured on the premises at SJ DANCE and can no longer attend dance class, a medical certificate must be provided.

I agree to provide notification via email of any class cancellation, class changes or contact information to SJ Dance. Any adjustments if applicable to your account will be made from the date the email is received by SJ Dance. Our email address is: [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)

I accept that a deposit for costume fees for the End of Year Concert routines are charged in Term 2.

Class cancellations, class changes & late registration dates can affect the quantity of half yearly costume deposits charged. SJ Dance endeavours to fairly amend the half yearly charges to reflect the number of costumes required. Class cancellations or class changes from term 3 onwards may affect from amending or crediting the half yearly costume charge(s). Example; material or the costume may have been purchased prior to the class cancellation notification. Any credit for costume fees/ deposits will be at SJ DANCE discretion. Credit will be issued as studio credit only and not refunded or redeem for cash.

I agree that the terms and conditions of trading shall be binding upon the student, its successors, executors, administrators, guarantors and permitted assigns and shall inure to the benefit of SJ DANCE, its successors & assigns.

I accept that the dance classes I or the student(s) undertake involves physical activity and I agree to release SJ DANCE from any responsibility for any injury I or the student(s) may sustain in the normal conduct of the class, rehearsals and performances, including course activities not on the SJ DANCE premises.

I accept that SJ DANCE reserve the right to make changes to the above terms and conditions or fees if necessary, which will take effect immediately after you have received notification via email.

Regards  
Samantha Howcroft  
Director



## SJ Parent/Caregiver Responsibilities

As we all know kids can be influenced by adults around them. They hear us talking and see the way we behave and then sometimes replicate what they see. At SJ Dance Studio we take very seriously our responsibilities as role models and mentors to your children.

We love nothing more than to see how each and every one of our students develop, really enjoy dancing and creating great lifelong friendships. To ensure we are creating the best environment to develop our students we ask parents/caregivers to please help us in ensuring the environment they are in is not only a safe one, but one that is a positive happy place to be.

1. All students dance for different reasons. Some for the pure love and joy of dance, others it's their passion and lifelong dream to dance as a career. With that in mind, no two students are alike. We ask parents to please refrain from comparing individual students' abilities. It sets a negative tone and can make the student/s involved feel uncomfortable and make what they love to do feel negative.
2. A dance as a group requires a whole group to dance as one. This takes talent from each individual student to be able to do their part to perform an amazing routine. Therefore, no position within a dance is negative. Without any of these positions there is no dance. We ask that parents/caregivers please refrain from questioning or demanding the positioning of their child within a dance. Our Dance Teachers are highly qualified and are working with each student to create an amazing routine. No special positions will be given because a parent or student asks for it.
3. We love the fact that our mums at SJ band together to help all the children at SJ, even if it's not their own child. It's always about the children first and foremost. Our mums have created an amazing network of support for all our students and we are very proud to have such amazing parents/caregivers at SJ. We ask that this is a continued commitment from parents.
4. Every person's situation in life is different. We ask that parents refrain from gossip. It has been a rule for SJ Dance Studio since it's creation and we would like to maintain this policy. Sometimes what can be a bit of banter amongst a group can become a very negative problem and quite hurtful, and can escalate quickly. To ensure this doesn't occur, we just ask that everyone including our students refrain from gossip.

5. Children can get very easily excited. And because SJ is like a second home, it can be very comfortable (which we love by the way). However, with that comfort can come some bad habits, or simply forget to behave appropriately. We ask that parents ensure that their children who not only dance, but siblings (as yes they get dragged to dancing ha ha ha) to remember to behave appropriately. No running within the studio or waiting areas. Please clean up any mess before leaving. No yelling or squealing. And most of all, please be considerate and kind to others. We also have studio rules for students to follow within class. And we ask that you assist us on ensuring your children understand they are to be adhered to. Our studio is growing and we absolutely love to ensure that everyone is comfortable and happy. If we all work together on this, we are sure to have to the happiest environment hands down.
6. Our teaches are very committed to SJ Dance studio and your children. However, after a long day of dancing and creating amazing with your children, it is time for them have to down time and go home to their own lives and families. We ask that if you are contacting teachers for solo/private classes they are to be contacted during business hours 9.30am – 5pm Monday to Friday. Alternatively, please email the studio or phone the studio during business hours of 9.30am – 5pm. If you think of something during an evening, note it down to let the teacher know the next day. No late-night texts or phone calls will be accepted, and we ask that you please respect that.

As you can see what we ask of parents is common sense, and respect for each other. Our biggest goal is to ensure everyone can feel comfortable and happy, and we can all band together and be great role models for all SJ Dance students. Setting the highest example for all children is our priority. For children, different ages in life and development can be highly emotional, devoid them of self-confidence and even make them withdraw. So, if we can provide them with choices in positive behavior, choosing great friends, and being part of a supportive community, then maybe their life journey will be nothing but a positive one full of the best memories.

## Contact Details

If you have other enquires or want further information you can contact us on:

**Phone:** (Samantha) – Principal 0431203410 **Email:** [sjdancestudio@gmail.com](mailto:sjdancestudio@gmail.com)

**PRINCIPAL EMAIL** – [principal.sjdancestudio@gmail.com](mailto:principal.sjdancestudio@gmail.com)



The contact card features the SJ Dance Studio logo on the left, which includes a stylized 'SJ' with wings and the text 'DANCE STUDIO'. To the right of the logo is the quote "Your not just a number at SJ but part of our family" in a cursive font. Below the quote, the name 'Samantha Howcroft' is written in a large, stylized font, followed by the title 'Director' in a bold, sans-serif font. On the far right is a photograph of Samantha Howcroft, a woman with long dark hair, wearing a black t-shirt with the studio logo. On the bottom left, there are three icons: a location pin, a globe, and a telephone, each followed by contact information: '4/32 Premier Circuit, Warana', 'www.sjdancestudio.com', and '0431203410'.

**"Your not just a number at SJ but part of our family"**

**Samantha Howcroft**  
Director

4/32 Premier Circuit, Warana  
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